Visual Preference

This tells about how you like to take in information. One way is not better than another.

About You

You are interested in color and design and know where you are in your environment.

You prefer to draw or design instead of talk, read, or write.

You like different layouts and formats.

How you Learn and Study

You like it when teachers use gestures and descriptive language when explaining something. It helps when the teacher uses logos, videos, posters, and slides and you like textbooks that have diagrams, pictures, charts and graphs along with the text. It also helps when there’s lots of white space in what you are reading and if the text is in different colors or underlined/highlighted to show the important points.

When it’s time to study, try to arrange the information in different ways. Redraw/rewrite pages from memory and replace words with symbols or logos. Try to convert printed information into your own pictures, charts or graphs. Use different colors and letter sizes.

You work best if others in your group are visual learners. Your group will feel comfortable exchanging ideas using drawings, diagrams, and charts.

When you Take a Test

When taking tests and answering questions you might try using diagrams, recalling the pictures your study pages made, and turning your visuals back into words.

Aural Preference

This tells about how you like to take in information. One way is not better than another.

**About You**
You would rather hear and discuss information than read it.

You learn best when you have a chance to discuss the information with someone else.

Because you might move your lips so you can “hear” what you are reading, your reading might be slowed down.

You like to listen to stories and/or poetry read aloud.

You like working in groups because you can discuss the information with others.

**How you Learn and Study**
The best way for you to learn is to listen to as much information as possible. You can do this by coming to all your classes. Discuss the information with other people including your teachers. You might also use a tape recorder to tape information and listen to it again. You remember any interesting examples or stories about the information. Describe any overheads, pictures, or visuals to someone who wasn’t there. Leave lots of space in your notes to fill in information you remember after class. You should do this within 24 hours of the class. Read your notes aloud to yourself.

**When you Take a Test**
Imagine you are talking with the teacher as you answer the questions.

Imagine your teacher talking about the information.

Read/Write Preference

This tells about how you like to take in information. One way is not better than another.

About You
You believe the meanings are within the words, so any talk is OK but this handout is better.

You like to back up what you hear by reading about it.

You like to learn about the meanings of words.

One reason you like reading better than listening is because you can control how fast you take in information when you read.

You like to listen to people who use words well.

You make lists to help you remember what you have read and what you have to do.

You write to remember.

How you Learn and Study
You learn best when teachers have information in handouts, when you use headings and lists to take notes, and when you read information in books and manuals. Since you like words and might try to write everything in your notes. Summarize your notes within 24 hours of writing them.

To study, you should write the information several times and summarize in print as you read your notes over. You should organize information from charts and graphs by writing it out in sentences and reading it. You could also write information from books and handouts into your own words. Also, put information into categories and arrange information in order of importance. Write the information into multiple choice questions when you are getting ready for a test.

When working in a group you might prefer to read and write to, and with, the other group members instead of having a discussion.

When you Take a Test
You like multiple choice and essay tests and you like arranging the information into points and the order of its importance.

Kinesthetic Preference

This tells about how you like to take in information. One way is not better than another.

About You
You want to experience the information so you can understand it.

You like ideas that are practical, real, and relevant to you.

You need to do things to understand.

You like to learn by doing things and trying things out for yourself.

You like to try things to see how they work before you read the instructions.

How you Learn and Study
You learn best when you can use all your senses and you like hands-on learning like labs, field trips, and trial and error. You like teachers who use real life examples and who help you apply what you are learning. You also learn best when you can work with models or collections that illustrate the information. You are helped by videos showing new ideas.

In your notes and when you are studying, use lots of examples, case studies and applications. Use real pictures that illustrate the information. Recall the experiments, field trips, etc. When you are getting ready for a test, write practice answers and role play the test situation in your own room.

You like working in groups as long as there is more doing that talking and you learn from the experiences of others.

When you Take a Test
Use lots of examples in your answer.

Because you would rather show what you know, it might be hard for you to sit and read a test and write the answers.